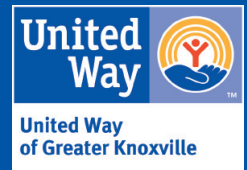


# HEALTH GOAL



**OUR GOAL:** Improving people's health.

## **TARGET ISSUE 1:** Healthy Beginnings

**Intended Results:** Increase the number of babies that are born with a low risk for preventable health problems.

**Indicators:** Decrease the pre-term birth rate.  
Decrease tobacco use in pregnant women.  
Decrease rate of babies born with low birth weight.  
Decrease the number of babies born with Neonatal Abstinence Syndrome (NAS).

## **TARGET ISSUE 2:** Safe Home and Community

**Intended Results:** Reduce rates of violent crime, addictions, and accidental death.

**Indicators:** Decrease the number of victims of violent crime.  
Increase the number of individuals receiving counseling and treatment for drug and alcohol addiction.  
Promote home and community safety practices.

## **TARGET ISSUE 3:** Health Choices

**Intended Results:** Reduce risk factor for obesity, chronic disease, premature death.

**Indicators:** Increase the percentage of individuals getting adequate physical activity.  
Increase access to nutritious foods.  
Increase access to safe parks, greenways, and sidewalks.  
Decrease tobacco use among youth.

## **TARGET ISSUE 4:** Access to Physical and Mental Health Care

**Intended Results:** Increase the number of individuals receiving affordable physical and mental healthcare services.

**Indicators:** Maintain or increase the proportion of persons with a usual primary care physician.  
Decrease the prevalence of those who cannot see a medical provider due to cost.  
Increase diagnosis and treatment services for individuals with intellectual disabilities, physical disabilities, or mental illness.  
Increase access to mental health services.